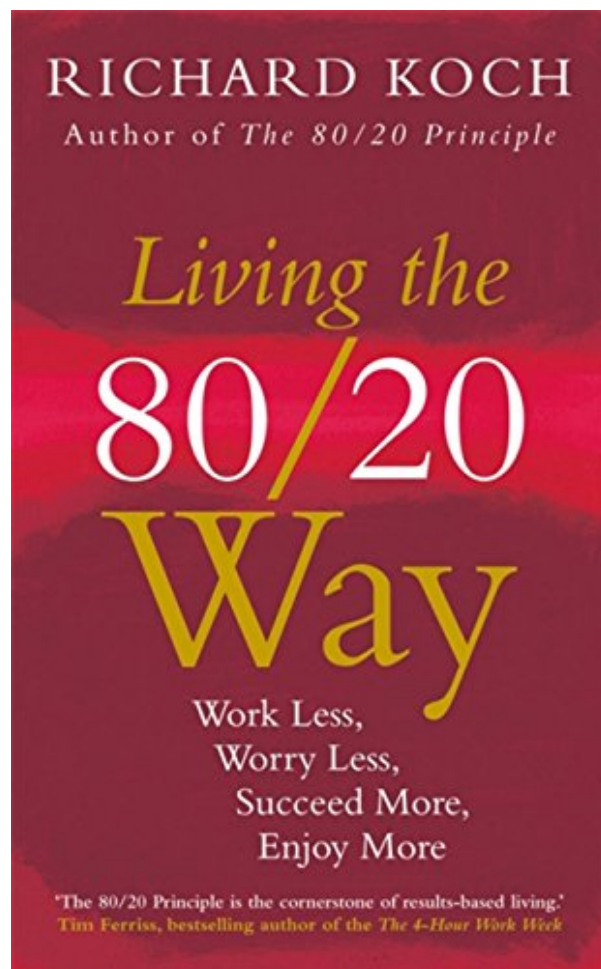


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RICHARD KOCH

Author of *The 80/20 Principle*

Living the
80/20
Way

Work Less,
Worry Less,
Succeed More,
Enjoy More

'The 80/20 Principle is the cornerstone of results-based living.'
Tim Ferriss, bestselling author of the *The 4-Hour Work Week*

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Review

Full of helpful techniques and observations. If you are looking to kick-start the New Year, this is a great place to start. Highly recommended! Hot Brands, Cool Places

The trick is to apply 'less is more' and 'more with less' to ourselves, our work and our relationships. This volume does not urge the reader to do more - measuring, managing, talking or whatever - but to do less in total by doing things differently. Independent on Sunday

The 80/20 principle is the cornerstone of results-based living. Read this book and use it. Timothy Ferriss, New York Times best-selling author of The 4-Hour Workweek

Intensely practical. This book is for anyone interested in succeeding personally as well as professionally. Professional Manager

About the Author

Richard Koch is a highly successful author, investor and entrepreneur, having made large returns from businesses as diverse as hotels, restaurants, personal organisers and consulting. A former partner at consulting firm Bain & Co, and co-founder of The LEK Partnership, the fastest growing and most profitable 'strategy boutique' of the 1980s, Richard now lives the 80/20 way between Gibraltar, Spain, Portugal and South Africa.

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Acclaimed entrepreneur and author Richard Koch changed the face of the business world with *The 80/20 Principle*. In *Living the 80/20 Way*, a self-help bestseller, he returns to show how working and worrying less can transform our personal lives. Koch takes the widely renowned 80/20 principle and shows how in today's cluttered and stressful world, working out the few things that are really important, and the few methods that will give us those things, leads to increased happiness and greater success. *Living the 80/20 Way* explains why 'less is more' isn't just a saying, but a sure-fire method to achieve your goals and live your best life.

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Most helpful customer reviews

61 of 63 people found the following review helpful.

Work Smarter, Not Harder

By Russell W.

I always thought the old adage "Work Smarter, Not Harder" only applied to those who worked in fields where hard work wasn't necessary. But, after reading *Living the 80/20 Way*, I've realized that it's actually incredibly true. Working smarter means that you don't put as much effort into things that won't amount to

much. Instead, you focus your attention on the details that make you happy and more successful. The principle at work here suggests that 80% of everything you might invest your time in is non-essential. But, the other 20% is vital to your health, wellness, and success. If you focus your attention largely on the 20%, then you won't have to worry as much about the other 80%. This book is all about simplifying your life, and I have taken those concepts and ran with them. I am more relaxed, less stressed, and more successful as a result.

I've also applied a few of the tips offered in 27 Quick Life Transformation Tips. This book has been a boon for my productivity and my overall success. If you want to be a success in business and in your relationships, then you can find quality advice here. Using both of these books, I have been able to start my own business and achieve success in my industry. I've also been able to follow the 27 Quick Life Transformation Tips to enhance my personal relationships with friends and family. My health has been improved and I'm happier than I've been in a long, long time. All it really takes is a little bit of simplification and following these easy to understand guidelines to really turn your life around.

Because I've followed principles in both of these books, I've been able to finally realize the "Work Smarter, Not Harder" adage. I have practically eliminated my worries and my life is filled with successes day after day. I now focus on the things that are most important to me--close family and friends, my important work issues, and my health. Everything else is a non-essential factor in my day-to-day life and I've realized I don't need to expend much energy worrying about it.

4 of 4 people found the following review helpful.

Taking charge

By eva b

So helpful, in changing my approach. Making a choice between what is essential and what is not has helped me to "clear the clutter" in my life - I no longer have a to-do list. I avoid "loose ends" I make a distinction between what I should do, and what I choose to do. Life has become simplified. I highly recommend this book to anyone who feels "over-loaded, over-worked, and not "in charge".

2 of 2 people found the following review helpful.

Is that comic sans?

By Amanda

The book says: Quit spending time doing unimportant things. (And what's important is up to each person.) And then brag about yourself. (Really, Koch, get over yourself.)

I think this book would be useful to anyone who hasn't been introduced to simple living, but if you've read anything on simple living, I think this might be too repetitive. (And the book itself is rather repetitive.)

Also, the physical layout of the book was so distracting to me that it made it hard to read! Some pages feature three or four fonts on a page, and I'm pretty sure that's comic sans popping up. Comic sans? Really? I actually checked to see if this was a real publishing company or a vanity- or self-publisher. The images and charts are also poorly printed, ending up very blurry.

Perhaps the publisher should invest in an editor. I know that the font issues, use of a font preferred by five-year olds, and blurry charts have turned me off of any other books by the same author and publisher. But perhaps they think it's unimportant. If so, Mr Koch would be proud.

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